

| M O N D A Y | | | | SYMBOLS | | | | | | | | | | | | |
|--|---|---|--|--|--|---|---|---|---|--|---------------------------------|--|--|--|--|--|
| Studio I | Studio II | Studio III | Studio IV | T U E S D A Y | | | | W E D N E S D A Y | | | | | | | | |
| | 11:30-1:00 CN | | | | | | | | | | | | | | | |
| | Adult Ballet 2 | | | | | | | | | | | | | | | |
| | \$ 12A | | | | | | | | | | | | | | | |
| | 1:00-1:30 CN | | 12:15-1:00 BZ | | | | | | | | | | | | | |
| | Adult Stretch | | Children's Pre-Primary Ballet | | | | | | | | | | | | | |
| | \$ 1As | | 11 | | | | | | | | | | | | | |
| 4:00-5:00 JB | 4:00-5:00 SG | 4:00-5:00 EF | 4:00-5:00 KL | 4:00-5:30 JJC | 4:00-5:00 SG | 4:00-5:00 JB | 4:15-5:00 KL | 4:00-5:30 JB | 4:00-5:30 CN | 4:00-5:30 SM | | | | | | |
| Pre-Teen/Teen Level 11 Ballet 111 | Pre-Teen Level 9 Ballet 19 | Children's Level 5 Ballet 15 | Children's Level 3 Ballet 13 | Pre-Teen RAD Int.Foundation & Pointe ◆★ 216 | NewPre-Pointe & Stretch ▲★ 20PS | Children's Level 5 Ballet 25 | Children's Pre-Primary Ballet 21 | Teen Modern 5 Int./Adv. 35M | Children's/Pre-Teen Unset Ballet (Levels 7-11) ★ 37U | Teen Advanced Ballet & Pointe 4 ★★ 319 | | | | | | |
| 5:00-5:30 JB | 5:00-6:00 SG | 5:00-6:00 EF | 5:00-6:00 BT | 5:30-6:00 SM | 5:00-6:00 SG | 5:00-6:00 JB | 5:00-6:00 KL | 5:30-6:00 JB | 5:30-6:00 CN | 5:30-6:30 JM | 4:45-5:30 JM | | | | | |
| Pointe 1 ▲★ 11P | Pre-Pointe & Stretch/ 1st year pointe ▲★ 1PS | Children's Hip-Hop & Jazz 1&2 12J | Children's Modern 1 & 2 (levels 3&5) 12M | Pre-Teen/Teen Stretch & Pilates Props Int./Adv. ★ 2sp | Children's Level 7 Ballet 27 | Children's Level 7 Ballet 27a | Children's Level 3 Ballet 23 | Teen Modern Workshop 5 ★P 35MW | Junior Specialties (Levels 7-11) ★ 3sc | Children's Level 7 Ballet 37 | Children's Primary Ballet 32 | | | | | |
| 5:30-7:00 JB | 6:00-7:00 KL | 6:00-7:00 EF | 6:00-7:00 BT | 6:00-7:30 JJC | 6:00-7:30 SG | 6:00-6:30 JB | 6:00 - 6:30 KL | 6:00-7:30 JB | 6:00-6:30 SM | 6:30-7:30 JM | | | | | | |
| Teen RAD Intermediate & Pointe ◆★ 117 | Ballet Workshop (levels 9 & 11) ●P 1W | Pre-Teen/Teen Hip-Hop & Jazz 1-3 13J | Children's Modern 2 & 3 (levels 7-11) 13M | Teen RAD Advanced 1 & Pointe ◆★★ 218 | Pre-Teen/Teen Level 13 Ballet ★ 213 | Children's/Pre-Teen Beginner Stretch (Levels 5-9) 2s | Pointe 1 ▲★ 21P | Pre-Teen/Teen Modern 4 (Levels 9-16) 34M | Pilates Props for allegro & pirouettes ★ 3QP | Children's/Pre-Teen Ballet Workshop (Levels 5-11) ●P 3W | | | | | | |
| 7:00-8:30 BT | | | 7:00-8:00 EF | 7:30-8:30 MG | 7:30-8:00 SG | 6:30-7:30 JB | 6:30-7:30 NM | 7:30-8:00 JB | 6:30-7:30 M | 7:30-8:30 NM | | | | | | |
| Teen Advanced Modern 6 ★ 16M | | | Pre-Teen/Teen/Adult Tap 2 12T | Teen Adv. Pointe 4 & Variations ★★P 219V | Pointe 1 ▲★ 211P | Children's Modern 2&3 (Levels 7-11) 22M | Ballet class for boys Level 1 FREE OF CHARGE 2B | Teen Modern Workshop 4 ★P 34MW | Allegro & Pirouettes ★ 3AP | Pre-Teen/Teen Level 11 Ballet 311 | | | | | | |
| 8:30-9:00 BT | 7:00-8:30 KL | 8:00-9:00 EF | | | | | 7:30-8:30 KL | 8:00-9:00 JB | 7:30-9:00 SM | | | | | | | |
| Advanced Modern Workshop 6 ★P 16MW | Teen/Adult Ballet 1 \$ 11A | Teen Hip-Hop & Jazz 4 & 5 15J | | | | | Teen/Adult Beginner Ballet \$ 20A | Teen Adv. Contemporary Ballet & Pointe (Levels 17-19) ▲★P 319C | Junior Rep/Tech Props (Levels 13-16) ▲★P 316R | | | | | | | |

No black leather or dyed shoes may be worn in the studios as these destroy the dance flooring.

ADA is closed on: 10/12, 11/25-11/28, 12/22-1/3, 1/18, 2/12-2/15, 4/1-4/7, 5/28-5/31

| PILATES ROOM SCHEDULE | | | | | | | | | | | | | | | |
|---|---|---|-------------------------------------|--|--|---|---|--|---|-------------------------------------|-----------------------------|--|-----------|------------|-----------|
| M O N D A Y (KM): | | | | T U E S D A Y (SM): | | | | W E D N E S D A Y (SM): | | | | T H U R S D A Y (SM): | | | |
| | | | | 5:00 - 5:30 Teen Advanced Circuit Training ★ 25SB | | | | | | | | 5:00 - 6:00 Level 9 + Beginner SB (4sp pre-requisite) 15 SB | | | |
| | | | | | | | | | | | | 6:00 - 7:00 Teen Advanced SB ★16SB | | | |
| | | | | | | | | | | | | 7:00 - 8:00 Pre-Teen/Teen Beginner/Intermediate SB 17SB | | | |
| | | | | | | | | | | | | 5:30 - 6:30 Teen Advanced SB (SM) ★ 45SB | | | |
| T H U R S D A Y | | | | F R I D A Y | | | | S A T U R D A Y | | | | S U N D A Y | | | |
| Studio I | Studio II | Studio III | Studio IV | Studio I | Studio II | Studio III | Studio IV | Studio I | Studio II | Studio III | Studio IV | Studio I | Studio II | Studio III | Studio IV |
| 4:00-5:00 SM | 4:00-5:30 CN | 4:00-5:30 NM | 4:00-4:45 KL | SB = Springboard | | | | 9:30-10:30 LQ | 9:00-10:30 KL | | 10:30-11:15 KL | | | | |
| Children's Level 7 Ballet ■ 47 | Pre-Teen/Teen Unset Ballet (Levels 11-17) ★ 417U | Teen Advanced Ballet & Pointe 4 ★★ 419 | Children's Primary Ballet 42b | | | | | Pre-Teen/Teen Level 11 Ballet 611 | Teen/Adult Ballet 2 \$ 62A | | Children's Pre-Ballet 60 | | | | |
| 5:00-5:30 SM | 5:30-6:30 SG | 5:30-6:00 CN | 4:45-5:30 KL | 3:45-4:30 JM | | 4:00-4:45 EF | 10:30-12:00 LQ | 10:30-12:00 JB | 11:00-12:00 SG | 11:15-12:00 KL | | | | | |
| Children's Stretch & Pilates Props ★ 4sp | Children's Level 5 Ballet 45 | Pointe 2 ▲★ 42P | Children's Primary Ballet 42 | Children's Primary Ballet 52 | | Children's Pre-Ballet 50 | Pre-Teen RAD Intro.to Int.Foundation & Pointe ◆★ 616 | Teen Advanced Ballet ★★ 619 | Pre-Pointe & Stretch/ 1st year pointe ▲★ 6PS | Children's Pre-Primary Ballet 61 | | | | | |
| 5:30-6:30 JJC | 6:30-7:30 SG | 6:00 - 6:30 CN | 5:30-6:30 KL | 4:30-6:00 JM | 5:00-6:30 EF | | 12:00-1:00 SM | 12:00-1:00 SG | 12:00-12:30 JB | 12:15-1:00 KL | | | | | |
| Pre-Teen Level 9 Ballet ■★ 49 | Pre-Pointe & Stretch/ 1st year pointe ▲★ 4PS | Pre-Teen/Teen Specialties Class (Levels 11 - 17) ★ 4sc | Children's Level 3 Ballet 43 | | Pre-Teen/Teen Unset Ballet (Levels 9-17) 517U | Teen Jazz Technique & Workshop 4 & 5 P 55J | Pre-Teen Level 9 Ballet 69 | Children's Level 7 Ballet 67 | Pointe 4 ▲★★ 64P | Children's Primary Ballet 62 | | | | | |
| 6:30-8:00 JJC | 7:30 - 8:00 SG | 6:30-7:30 SM | 6:30-7:30 LM | | | | 1:00-2:30 SG | 1:00-2:30 SM | 12:30-2:00 JB | 1:00-2:00 KL | | | | | |
| Teen RAD Intermediate ◆★ 417 | Pointe 1 ▲★ 41P | Pre-Teen/Teen Level 11 Ballet ■ 411 | Pre-Teen/Teen/Adult Tap 1 \$ 41T | | | | Children's Ballet Workshop C ●★P 6cW | Teen Adv. Ballet "Elements" ★★ 619E | Pre-Teen/Teen Unset Ballet (Levels 11-17) ★ 617U | Children's Level 3 Ballet 63 | | | | | |
| 8:00-8:30 SM | 8:00-9:00 SGM | 7:30-9:00 CN | 6:45-7:30 MR | | | | 2:30-3:00 SG | 2:30-3:00 SM | 2:00-2:30 JB | | | | | | |
| RAD Intermediate Pointe ▲★ 43P | Pre-Teen/Teen "Pot Luck" (Levels 9-13) ■ 4PL | Teen/Adult Ballet 2 \$ 42A | Adult Springboard \$ 4SB | | | | Pointe 2 ▲★ 62P | Pointe 3 ▲★★ 63P | Pointe 1 ▲★ 61P | | | | | | |